

FOLLOW THE WAY

Scope and Sequence

Matthew 4:19

Jesus called out to them, “Come, follow me.”

Welcome to **Follow The Way** and our Discovery Discipleship Groups. **Follow The Way** is a 6-part Discipleship Journey that will introduce you to the Story of the Bible and guide you to maturity as a follower of Jesus Christ. **Follow The Way** is based on a discipleship process that is relational, biblical and intentional.

DISCOVERY

Instead of telling you what to believe and how to live, we'll connect you with the Bible so you can discover that on your own with your group. Discovery promotes engagement in the process and ownership of the outcomes.

DISCIPLESHIP

Discipleship is a whole life response to Jesus. It's about following Jesus and His way of life. As you grow in your faith and commitment to Jesus, you'll learn to live your life as if He were in your shoes. Discipleship, then, is about being with Jesus to become like Jesus.

GROUP

You could go through **Follow The Way** on your own. But you'll get so much more out of it if you work through it with 2 or 3 others. Consider finding a guide to coach you. This guide doesn't have to be an expert in the faith. They just need to be a few steps ahead of you on the journey to point you in the right direction. Here's a thought—After you work through **Follow The Way**, you'll be ready to guide others through it.

JOURNEY

- Weekly 3/3s format meeting (Connect / Discover / Live)
- Weekly group discovery Bible study
- 3 weekly follow-up Bible readings
- Weekly buddy connects
- Bible memory work for Parts 2-6
- Available for free online with printable PDF files ([Online Version](#)) and for a few dollars on Kindle ([Kindle Version](#))
- **A Guide for Guides** available online ([A Guide for Guides](#))

FOLLOW - Part 1

The purpose of this 1-week introduction is to help you get to know each other and get a feel for what following Jesus is about. Rather than asking for a long-term commitment up front, **Follow** gives you a chance to test drive this discipleship journey before committing.

TITLE	PASSAGES	THEME	EXTRA	FOLLOW-UP BIBLE READINGS
FOLLOW	Matthew 9:9-13	Are you ready to consider the Bible's teaching about Jesus and what it means to follow Him?		Luke 5:1-11 Luke 6:39-49 Matthew 11:25-30

FAITH - Part 2

Has anyone ever explained to you the Good News of the Bible? **Faith** is an 11-week guided tour of the main events, characters and storyline of the Bible. Through **Faith**, you'll discover that the Good News is all about Jesus Christ.

Memory Work - **Colossians 1:13-14 (NLT)**

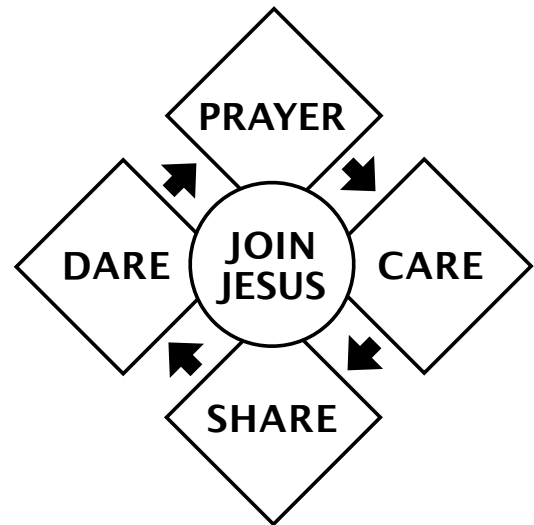
For [God the Father] has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son, who purchased our freedom and forgave our sins.

TITLE	PASSAGES	THEME	EXTRA	FOLLOW-UP BIBLE READINGS
1. CREATION	Genesis 1 & 2	God created everything and as humans, we have been made in God's image to rule the world on His behalf.	UP Praise Connection Prompt	Psalms 8 19 139
2. REBELLION	Genesis 3	Through Satan's temptation, humans rebelled against God, but God promised One who would destroy Satan.	DOWN Repent Connection Prompt	Genesis 4 6 Romans 1:18-32
3. RESCUE (Abraham)	Genesis 12, 15, 18, 21	God called Abraham from out of the world and promised Abraham that his family would be a Blessing to the whole world.	IN Bible Reading Connection Prompt	Genesis 22 Exodus 3 12
4. RESCUE (Moses)	Exodus 20:1-17 Leviticus 4:32-35	God used Moses to rescue His people from their slavery to the Egyptians and through Moses God gave His people His law and the sacrificial system.	OUT Prayer Connection Prompt	Isaiah 53 Joshua 1 1 Samuel 8
5. RESCUE (David)	1 Samuel 16:1-13 2 Samuel 7:1-19 Isaiah 9:6-7	God promised King David that he would have a Descendant who would reign over an eternal Kingdom.		1 Samuel 17 Psalms 23 51

6. RESCUE (Jesus' Birth and Mission)	Luke 1:26-38 Matthew 1:18-25	The Angel Gabriel announced to Mary and Joseph that Jesus is both God's Son and the promised Rescuer King.	STOP Listening Prayer Connection Prompt	Matthew 3 & 4 Matthew 5 John 5
7. RESCUE (Jesus' Death, Resurrection and Ascension)	Matthew 16:13-27	As God's Son and our Rescuer King, Jesus saves us from our sinful rebellion by dying on the cross and rising from the dead.		Mark 15 Luke 24 Acts 1
8. RESCUE (The Holy Spirit and the Church)	Acts 2	Jesus poured out His Spirit upon the Church to carry on His Rescue Mission to the world.	GO Mission Connection Prompt	Acts 3 Acts 4 Acts 5
9. RE-CREATION	1 Thessalonians 4 & 5 Revelation 21 & 22	Some-Day, Jesus will complete His Rescue Mission by returning to judge the living and the dead and to re-create Heaven and Earth.		Revelation 19 Revelation 20 Revelation 22
10. RIGHTEOUSNESS	Galatians 3:6-14 Romans 3:21-25	Being right with God isn't something we earn through our obedience. Instead, it's a gift from God that we receive through faith in Jesus' death and resurrection.		Luke 7:36-50 Galatians 3:6-14 Romans 10:1-13
11. RESPONSE	Revelation 3:14-22	Jesus calls each one of us to count the cost of being His disciple, make a personal decision to turn from sin and trust in Him, publicly profess our faith by being baptized, and obediently follow Him. Have you?	Baptism (or Profession of Faith)	Luke 14:16-33 Acts 16:16-34 James 2:14-26

FRUIT - Part 3

Jesus calls us to join Him in mission to our circles of influence. We don't need to do that on our own, however. As we remain in Jesus, He will help us produce the fruit of a missional life. Over 8-weeks, you'll discover how to join Jesus in making disciples by living a Prayer > Care > Share > Dare lifestyle.



Memory Work - **John 15:5 (NIV)**

I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

TITLE	PASSAGES	THEME	EXTRA	FOLLOW-UP BIBLE READINGS
1. JOIN JESUS	Luke 19:1-10	Jesus is on a mission to seek and save the lost and calls us to join Him. This mission is to be the fruit of our relationship with Jesus. Only as we remain in Jesus and partner with Jesus can we share His love and life and make disciples of Jesus.	Daily Connect Connection Prompts Lord's Prayer Connection Prompts	John 15:1-17 Acts 18:1-11 Colossians 1:25-29
2. LOOK AROUND	John 4:4-42	Intentionally look around and notice the people Jesus deeply loves.	Circle of Influence Map	Exodus 3:7-10 Matthew 9:35-38 John 4:35-38
3. PRAYER	1 Timothy 2:1-6	Persistently pray for others to encounter Jesus.	Missional Prayer	1 Timothy 2:1-6 Acts 4:23-31 Luke 11:5-13

4. CARE	Luke 10:25-37	Compassionately care for others' needs.		Mark 6:30-44 Matthew 25:31-46 Isaiah 58:1-12
5. SHARE (Part 1)	John 4:39-42	Relationally share EACH OTHERS' STORIES and Jesus' Story.	15 Second Testimony	Galatians 1:11-24 1 John 1:1-4 2 Peter 1:12-21
6. SHARE (Part 2)	Acts 11:19-21	Relationally share each others' stories and JESUS' STORY.	Do vs Done Good News Kite 3 Circles 2 Kingdoms	4-Session Bible Study from 2 Kingdoms
7. DARE	Philippians 1:12-14	Personally dare others to be disciples of Jesus.		Matthew 9:9-13 Luke 6:39-49 2 Timothy 2:1-7
8. WHY?	Matthew 28:18-20	Why this mission?		Luke 24:33-49 Acts 10:23-48 Acts 17:16-34

FILLING - Part 4

Just as Jesus was filled with the Holy Spirit and lived a naturally supernatural life, so can we. In these 7-weeks, you'll discover how to say yes to the Spirit and be empowered for Kingdom ministry. The life of a disciple isn't meant to be lived in our own strength. We can walk in the power of the Spirit.

Memory Work - **Acts 4:31 (NIV)**

After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.

TITLE	PASSAGES	THEME	EXTRA	FOLLOW-UP BIBLE READINGS
1. NEED IT	Acts 1:8	As we partner with Jesus in mission to those around us, we need the empowerment of Holy Spirit.	Daily Connect Connection Prompts Lord's Prayer Connection Prompts	Ezekiel 36:24-27 Ezekiel 47:1-12 John 7:37-39
2. BELIEVE IT	John 14:12 Acts 8:26-40	Just as Jesus ministered through the person and power of the Holy Spirit, so can we.		Acts 4:1-22 Acts 4:23-31 Acts 10:23-48
3. SEEK IT	Ephesians 5:14-18	Because we continually need the filling of the Holy Spirit, we need to continually seek it.		Luke 11:9-13 Ephesians 3:14-21 Zechariah 4:6
4. TRY IT	Acts 13:1-12	As you are led by the Holy Spirit, act on these leadings from the Holy Spirit.	Say YES to the Spirit Video	Isaiah 30:21 Acts 15:22-35 Acts 16:6-12
5. USE IT	1 Corinthians 12:1-31	Use your spiritual gift(s) for the blessing of others and the glory of God.	Online Gift Test	Romans 12:3-8 1 Peter 4:10-11 Definitions of Gifts

6. PRAY IT	Acts 28:1-10	Pray for others in the power of the Holy Spirit.	5 Step Prayer Model Prayer Outreach	Acts 3:1-10 Acts 9:36-43 Acts 28:7-10
7. SAY IT	Acts 2:14-18	Say what the Holy Spirit is saying to you.	ABC Test for Prophecy	Acts 11:19-30 Acts 13:1-4 Acts 21:7-14

FOUNDATIONS - Part 5

God works great changes in the lives of those who believe and follow Jesus. These changes are the basic building blocks for our identity and maturity in Christ. In these 7-weeks, you'll learn how to build your life upon the solid foundation of the truth of who you are in Christ.

Memory Work - **2 Corinthians 5:17 (NIV-1984)**

Therefore, if anyone is in Christ, he (she) is a new creation. The old has gone, the new has come!

TITLE	PASSAGES	THEME	EXTRA	FOLLOW-UP BIBLE READINGS
1. FROM ADAM TO CHRIST (Union with Christ)	Romans 5:12-21	We were born into Adam. This means that whatever was true of Adam was true of us. But by grace through faith, we have been born again into Christ. This means that whatever is true of Jesus is now true of us. Therefore, we are no longer characterized by Adam's sin and death but by Christ's righteousness and life.	Daily Connect Connection Prompts Lord's Prayer Connection Prompts	Romans 5:12-21 Romans 6:1-14 Ephesians 2:1-10
2. FROM DEATH TO LIFE (Regeneration)	Ephesians 2:1-5	We were dead in Adam, but now we are alive in Christ. Because we share in Jesus' resurrected life, we already have eternal life here and now. From our new birth, new heart and the presence of the Holy Spirit, we can stop living for ourselves and start living for Jesus.		Ezekiel 37:1-14 John 11 1 John 5:1-13

<p>3. FROM GUILTY TO INNOCENT (Justification)</p>	<p>Romans 8:1, 33-34</p>	<p>On our own, we are guilty sinners, who have rebelled against God's authority and broken God's law. We stand condemned and deserve death. Jesus, however, took personal responsibility for both our obedience to God's law and our disobedience of God's law. He did this by living the life we should have and dying the death we would have. Now through faith in Jesus' death and resurrection, when God looks at us He sees His Son. And because Jesus is righteous, God sees us as righteous. God has acquitted us of our guilt and declared us innocent in Christ.</p>		<p>Zechariah 3:1-9 Romans 3:21-28 Philippians 3:1-14</p>
<p>4. FROM ENEMY TO FAMILY (Reconciliation and Adoption)</p>	<p>Romans 5:1-11</p>	<p>Though we were God's enemies because of our sinful rebellion, God has reconciled us to Himself as His friends and has adopted us as His very own children through the death and resurrection of His Son Jesus Christ. He has also given us the Holy Spirit to assure us of His Fatherly love, especially when life is difficult.</p>		<p>Luke 15:11-32 Romans 8:14-39 2 Corinthians 5:11-21</p>
<p>5. FROM SLAVERY TO FREEDOM (Redemption or Ransoming)</p>	<p>1 Peter 1:18-19</p>	<p>We were in bondage to sin, Satan and the fear of dying. Jesus, however, purchased our freedom with His own blood. He personally paid our ransom and we have been redeemed. So if the Son sets you free, you will be free indeed (John 8:36).</p>		<p>Leviticus 25:47-55 & Luke 4:16-21 John 8:31-45 Galatians 5:1-26</p>

<p>6. FROM IMMATURITY TO MATURITY (Sanctification)</p>	<p>1 John 2:12-14</p>	<p>When we come to Jesus Christ, we are just babies in the faith. From this beginning of knowing God as our Father and His forgiveness, we grow strong in the word and so overcome Satan and eventually become parents of other believers. God uses His word and His Spirit, along with our commitment to grow, to help us become more and more like Christ.</p>		<p>Luke 6:46-49 Philippians 2:5-16 Colossians 1:28-29</p>
<p>7. FROM ALREADY TO NOT YET (Glorification)</p>	<p>1 John 3:1-3</p>	<p>Some-Day Jesus will return. When He does we will become fully like Him and all things will be made new. We now live our lives in anticipation of that Day. As we set our hearts and minds on things above, we pray for God's Kingdom to come and His will to be done on Earth as it is in Heaven. This hope fuels our purpose and passion to live fully for our Lord Jesus Christ here and now.</p>		<p>Philippians 3:10-21 Colossians 3:1-17 1 Thessalonians 5:1-11</p>

FREEDOM - Part 6

It is for freedom that Christ has set us free (Galatians 5:1). You don't have to be paralyzed by fear or tripped up by lies or crippled by bitterness or in bondage to sin. Over 9-weeks you'll discover how to personally and practically embrace the freedom that Jesus has purchased for you.

Memory Work - **John 8:31-32 (NAB)**

Jesus said to those who believed in him, "If you remain in my word, you will truly be my disciples, and you will know the truth, and the truth will set you free."

TITLE	PASSAGES	THEME	EXTRA	FOLLOW-UP BIBLE READINGS
1. RESIST	Luke 4:1-13	Jesus resisted Satan by reciting the truth of God's Word, so resist Satan by reciting the truth of God's Word.	Daily Connect Connection Prompts Lord's Prayer Connection Prompts	Who I Am In Christ (Neal Anderson) Who I Am In Christ (Foundations)
2. FORGIVE	Matthew 18:21-35	God has forgiven you, so forgive others.		Matthew 6:9-15 Romans 12:9-21 Colossians 3:12-14
3. RUN	Genesis 39:1-23	We are to be holy as God is holy, so run from temptation and sin and run to God for help to be holy.		Romans 6:15-23 1 Corinthians 6:18-20 1 Corinthians 10:13-14
4. RENOUNCE	Acts 19:8-20	Involvement with evil spiritually pollutes us, so renounce (verbally confess and reject) any current and past involvement with evil and in Jesus' name break its power over your life.		Deuteronomy 18:9-14 Ephesians 6:10-18 Revelation 22:12-17

5. REPLACE	John 8:31-45	Satan uses lies to control our lives, keeping us in bondage, so replace these lies with God's truth and find freedom.		Romans 12:1-2 2 Corinthians 10:3-5 Philippians 4:4-9
6. TRUST	Matthew 6:19-34	God has not given us a Spirit of fear but of power and love and self-control, so step out in faith and boldly follow Jesus.		Biblical Giving Joshua 1:6-9 Psalm 27
7. STAND	Ephesians 6:10-20	God has given us spiritual armor, so intentionally put it on to stand your ground against the devil's schemes.	The Armor of God Prayer Exercise	1 Peter 5:8-9 2 Timothy 2:3-7 2 Timothy 4:7
8. SUBMIT	Hebrews 12:1-14	As a good Father, God disciplines those whom He loves, so submit to His discipline and grow in holiness.		Proverbs 3:1-18 Proverbs 12:1, 13:1, 19:18 Revelation 3:14-22
9. MATURE	2 Peter 1:1-11	God's goal for us is to become fully mature in Christ, so make every effort to mature in your faith.		Romans 8:1-13 Galatians 5:13-26 Colossians 1:28-2:7